MICROSCOPE-INTEGRATED
OPTICAL COHERENCE TOMOGRAPHY

Single-center experience with the Zeiss Rescan 700 microscope-mounted OCT system.

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Since its development more than 20 years ago, optical coherence tomography (OCT) has been a revolutionizing force in ophthalmology. Recent advances, which include the introduction of spectral-domain OCT (SD-OCT) and swept-source OCT, have improved resolution and have consequently made OCT an essential tool for the diagnosis and management of posterior segment pathology.1,2 In the past several years, increasing emphasis has been placed on migrating OCT technology into the OR.3 A microscope-mounted form now allows acquisition of real-time intraoperative OCT (iOCT) images.

In this article, we report our initial experience with a microscope-mounted iOCT system and discuss potential surgical applications for this evolving technology.

iOCT THEN AND NOW

The first iOCT was the handheld Envisu SD-OCT (Biophtgen), which became available in 2014 and was used primarily in the pediatric patient population during exams performed under general anesthesia.4 The technology naturally expanded to other ophthalmic subspecialties, as it was shown to be effective in monitoring surgical changes during macular surgery.5

Although iOCT models have been shown to be effective, they have all been limited by the lack of real-time visualization of scans caused by motion artifact introduced during the required manual alignment of the machine and the time involved to obtain a satisfactory image.3-7 To address this issue, a microscope-mounted iOCT was developed that allowed greater stabilization of the imaging arm and afforded the surgeon x-y-z axis control with a footpedal.6,8

The latest tweaks to microscope-mounted iOCT have focused on coupling the optics and the microscope of the microscope-mounted iOCT, which has made real-time viewing of iOCT images during surgery a reality with the advent of a heads-up display. A heads-up display provides the surgeon with a real-time view of the iOCT scan through one of the microscope oculars.8

SETTING UP FOR THE TEST DRIVE

In this single-site, multisurgeon study approved by Bascom Palmer Eye Institute’s institutional review board (Table), 10 attending faculty surgeons were involved in at least part of each surgery in 31 eyes (unpublished data). The iOCT used was the Rescan 700 microscope-mounted OCT system (Carl Zeiss Meditec), which integrates SD-OCT into the Opmi Lumera 700 surgical microscope (Carl Zeiss Meditec). The Rescan provides footpedal control of OCT

AT A GLANCE

- Microscope-mounted OCT now allows acquisition of real-time intraoperative OCT (iOCT) images.
- Real-time analysis with microscope-mounted iOCT provides an immediate impact on surgical planning and decision-making.
- The ability to control placement of the iOCT allows microscopic precision of instrument placement during surgical maneuvers.
Figure 1. iOCT affecting surgical decision-making in pediatric patients (surgeon view and corresponding OCT scan). Corneal connection typical of Peters anomaly that was undiagnosed before the surgery (A). Incomplete development of the retinal layers that characterize coloboma formation (B). Progression of corneal dissection in a case of anterior segment dysgenesis (C-G). At each level of the dissection, the surgeon used the iOCT to explore the depth of each cut. In the end, with the iOCT showing no freely moveable level of tissue, the decision was made to perform a penetrating keratoplasty. Donor graft in place (G).

<table>
<thead>
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<th>TABLE. PATIENT DEMOGRAPHICS*</th>
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<td>Phaco with IOL and DSAEK</td>
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*Notes for Table: N = 31 (male, 23; female, 8); unless otherwise marked, n = 1; average age 44.6 years; average range 42-80 days

Abbreviations: DALK, deep anterior lamellar keratoplasty; DSAEK, Descemet stripping automated endothelial keratoplasty; IOL, intraocular lens; K-pro, keratoprosthesis; MMX, mixed mechanism glaucoma; MSSA, methicillin susceptible Staphylococcus aureus; PKP, penetrating keratoplasty; PPL, pars plana lensectomy; PPV, pars plana vitrectomy; RD, retinal detachment
scanning, which allows the surgeon to switch seamlessly between surgical view and real-time scan view and to control the OCT positioning on the x, y, and z axes. Several capture modes similar to tabletop OCT machines are available, including cube and 5-line raster scans.

During our study, a Zeiss technician who could control the focus and positioning of the OCT from an external monitor that displays the same view as the heads-up display was present. Surgical footage, including the iOCT scans captured, was stored on the Callisto eye system (Carl Zeiss Meditec), and data collection was focused on retrospective qualitative analysis performed on surgical footage and the accompanying iOCT scans.

BEHIND THE WHEEL

The OCT scanning feature was used during all 31 cases. The real-time microscopic analysis of the anatomy—both the vitreoretinal interface in the posterior segment and the relationships of the cornea, lens, and iris in the anterior segment—and associated pathology proved helpful in cases with difficult intraoperative visualization, especially those in which preoperative OCT was not able to provide a definitive understanding of the pathology involved.

This was exemplified during three pediatric cases. In one case, iOCT enabled the identification of the corneal-lenticular touch typical of Peters anomaly, which was not clearly seen on preoperative ultrasound, and this eventually led to a decision to proceed to an anterior lensectomy. In another case, it allowed visualization of communicative traction along the coloboma-retina margin to plan the path of photocoagulation. In a third case, iOCT helped the surgeon delineate the layering of a corneal opacity secondary to anterior segment dysgenesis, which assisted the surgeon during corneal dissection and helped make the decision to proceed with a penetrating keratoplasty (Figure 1).

The x-y-z axis control and multiple capture modes of the iOCT enabled surgeons to directly align the scan with the surgical instrument to allow visualization of instrument-tissue interaction at a microscopic level. This ability was noted to enhance precision during particular surgical maneuvers (Figure 2). This was shown, for example, during the initiation of epiretinal membrane (ERM) peeling, channeling above Descemet membrane layer during a deep anterior lamellar keratoplasty, excising a scleral band, and in trocar

Figure 2. Surgical instrument-tissue interactions (surgeon view and corresponding OCT scan). Channeling above the Descemet membrane layer during deep anterior lamellar keratoplasty (A). Trocar placement in the anterior chamber during pars plana lensectomy (B). Forceps peeling layer of ERM during membrane peel (C). Serrated forceps taking part of subretinal band for pathologic testing (D).
placement for pars plana lensectomy.

The iOCT was a helpful tool to confirm results at the end of surgery, and it afforded the surgeon a chance to immediately intervene if these results were not adequate (Figure 3). The scanning was used in this capacity to confirm the removal of interface space between the host and donor during Descemet stripping automated endothelial keratoplasty (DSAEK) and to identify the complete removal of the ERM during membrane peeling. No adverse intraoperative events were reported during the study.

NOTES FROM THE FIELD

iOCT improved intraoperative visualization of unclear pathology, enhanced surgical precision, and aided in confirming surgical changes. This assistance was especially important in cases in which preoperative OCT, which has been shown to be useful in surgical planning,9 was not definitive—as was the case in the three pediatric patients described earlier. Previous models of iOCT imaging, including the handheld iOCT, demonstrated success in establishing diagnoses in pediatric populations, as we were able to do in our case of Peters anomaly, but the real-time analysis allowed more immediate impact in surgical planning and decision-making.4,5

The ability to easily control placement of the iOCT to the point of interest permits microscopic precision of instrument placement during surgical maneuvers. This capability is especially useful in procedures in which perioperative OCT has been shown to enhance precision and surgical outcomes, including most vitreoretinal procedures such as ERM peeling. Several studies have shown the importance of perioperative OCT in the context of ERM peeling, both in preoperative surgical planning and postoperative correlation of poor visual outcome with macular findings such as recurrent ERM.9,10 We confirmed this in showing that real-time iOCT can guide the surgeon in peeling the precise layer and assessing end results by immediately visualizing the outcome after peeling.
Postoperative OCT is used to track surgical changes and identify complications. Many complications, even those with symptoms that present well after surgery, have been shown to occur at a decreased incidence with certain intraoperative modifications. An example of such a complication is primary graft failure after DSAEK, which can occur in as many as 23% of cases. Studies have shown that careful surgical management of the graft-host interface can help optimize surgical success and decrease incidence of graft failure.11,12 During the DSAEK cases in our study, surgeons used iOCT to definitively show absence of fluid in the interface between donor and host.

A limitation we noted, and that was also seen in a study by Ehlers et al., was shadowing caused by surgical instruments crossing the OCT scan area.13 Improvement in visualization may be possible with the use of OCT-compatible instrumentation, the effectiveness of which has been demonstrated in prototypes.2 Other studies using the Rescan 700 have noted a learning curve in focusing to the point of interest with the OCT, as well as some difficulties in coordinating image resolution with Zeiss technicians.13,14 In this study, the learning curve was present, but we noticed marked improvement over time.

CONCLUSION

The technology associated with microscope-mounted iOCT imaging represents a truly novel development, but, at this time, its use is limited to two institutions. Our study and others have demonstrated the feasibility and utility of a microscope-mounted iOCT in the OR through qualitative intraoperative findings.13,14 It was also determined that iOCT assisted in multiple aspects of the surgical process, aiding in surgical planning and decision making during both posterior and anterior segment procedures, thus showing its potential as a useful surgical tool. We recommend that future studies include a control group in which OCT scanning is not performed to truly demonstrate the technology’s usefulness.